



CooperativaGroup



FRESH FRUIT CATALOGUE



GRANADILLA

Passiflora ligularis

DESCRIPTION:

It is a rounded oval fruit with a bright orange peel. The peel is hard and inedible, but it is easy to remove. The fruit contains gelatinous flesh with edible black seeds. The pulp is sweet.

Brix degrees: 10.9° Bx.

Shelf life: 17 days.



PACKAGING

Corrugated cardboard box
Net weight: from 2 kg to 20 kg.

SIZE	WEIGHT [g]
22	80 - 90
20	91 - 100
18	101 - 111
16	112 - 125
14	126 - 142

DESCRIPTION:

Oval and elongated tropical fruits, with wrinkled yellow skin, about 10 cm long and 6-7 cm in diameter. Its pulp is soft and white, it has aromatic sweet taste. It contains antioxidants, mucilages, ascorbic acid, phenols. It is rich in vitamin C, also contains B vitamins, minerals such as calcium, phosphorus, iron, and has a high content of water, protein and soluble fiber. The seeds are edible and contain beneficial fatty acids.

Brix degrees: 19 to 21° Bx.

Shelf life: 15 days.

DRAGON FRUIT

Selenicereus megalanthus



PACKAGING

Corrugated cardboard box
Net weight from 2.5 kg to 4 kg.

SIZE	WEIGHT [g]
14	170 -200
12	201 -230
10	231 -280
8	281 -350
7	351 -400
6	400 +

LULO

Solanum quitoense

DESCRIPTION:

The intense aroma is characteristic for ripe and healthy lulo.

Intense and homogeneous colour, there may be a slight colour change due to the natural oxidation processes of the fruit.

Brix: 6.00-9.00° Bx.

Shelf life: 6 and 8 days.



PACKAGING

Corrugated cardboard box
Net weight from 2.Kg to 4 kg.

SIZE	WEIGHT [g]
22	80 - 90
20	91 - 100
18	101 - 111
16	112 - 125
14	126 - 142

DESCRIPTION:

Baby Banana is a fruit containing high levels of potassium, sucrose, fructose and glucose, nutrients that, when consumed regularly, provide our body with energy almost immediately. This fruit increases metabolism so that we have good digestion and also maintains blood sugar levels. Containing 34% of the recommended dose of vitamin B6, it acts as a nutritional anti-inflammatory ingredient that helps reduce heart disease and premenstrual symptoms.

BABY BANANA

Musa acuminata



PACKAGING

Corrugated cardboard box
Net weight: 8 kg.

Size: circa 12 cm

Number in bunch: Min. 14 max. 20

Diameter: min. 26mm Max. 34mm

Age of fruits: 6 weeks

DESCRIPTION:

The fig is often referred to as a "false fruit", in fact, one fig contains hundreds of small fruits that we commonly call pits. It is consumed fresh, dried, candied or as a puree for confectionery.

The raw, dried fig is very nutritious and is a rich source of dietary fibre, potassium, protein, minerals (iron, phosphorus, magnesium, copper) and vitamins (B2 and B6).

FIG
Ficus carica



PACKAGING

Corrugated or plastic boxes
Net Weight: 4kg

Figs are usually 6 to 7 cm long and 4.5 to 5.5 cm in diameter.

PURPLE PASSION FRUIT (GULUPA)

Passiflora edulis f. edulis

DESCRIPTION:

Purple passion fruit (called Gulupa in Colombia) is an exotic fruit native to the Amazon region. It is a round fruit of green, yellow or purple colour, depending on the degree of ripening, its flavour is subtly sour, although slightly sweeter than that of yellow passion fruit. Its nutritional content is very exquisite. Gulupa contains water, calories, proteins, carbohydrates, antioxidants, fats, calcium, phosphorus, iron, it is rich in fibre and vitamins A, B and C.

Brix: 14 to 17° Bx.

Shelf life: 25 days.



PACKAGING

Corrugated cardboard boxes. Fruit in a plastic bag.
Net weight: 2 kg.

Fruits with a diameter of 55 - 60 mm
weighing 55 - 60 g per unit
Container capacity: 18 pallets

DESCRIPTION:

MARACUYA (PASSION FRUIT)

Passiflora edulis

Passion fruit is an aromatic fruit with a hard, smooth shell, which becomes rough when ripe. The shape of this fruit is round or oval, and inside it is full of sticky yellow pulp, with many small black seeds. Its taste is sweet and slightly sour.

It is a fruit rich in vitamin A and vitamin C, which, thanks to its antioxidant properties, prevents ageing, protects against the negative influence of sun to the skin and strengthens the immune system. It contains a large amount of fibre, which improves intestinal transit and reduces the risk of gastrointestinal diseases.

Brix: 13° Bx.

Shelf life: 9 days.



PACKAGING
Corrugated box
Net weight: 5kg, 10kg, 15kg.

SIZE	DIAMETER [mm]
A	96-110
B	84-95
C	73-83
D	63-72
E	55-62
F	49-54

DESCRIPTION:

Its flesh is yellow, almost orange, very juicy and sweet. It is rich in amino acids, vitamins C and E, flavonoids, beta-carotene, niacin, calcium, iron, magnesium and potassium.

Due to its fibre and water content, mango helps prevent constipation and promote regularity of digestion.

The content of fibre, potassium and vitamins contained in mango helps prevent cardiovascular diseases.

Brix 14° Bx.

Shelf life: 8 days.

MANGO VOLUMES

Mangifera indica 'Tommy Atkins'



PACKAGING

Closed corrugated box

Net weight: 5kg.

SIZE	WEIGHT [g]
6	850-810
7	700-730
8	600-630
9	500-560
10	480-500

DESCRIPTION:

The flesh of the soursop consists mainly of water; also provides mineral salts, potassium, phosphorus, iron, calcium, lipids, has a high caloric value due to the presence of carbohydrates; It is also rich in vitamin C, provitamin A, as well as vitamin B.

SOURSOP

Annona muricata



PACKAGING

Sliced soursop: pieces between 900 and 1200 g.
Also without shell, seeds and core packed to 500 g.

GOLDEN BERRY

Physalis peruviana

DESCRIPTION:

Golden berry is a source of vitamins A, B and C, fiber, potassium, phosphorus and iron. The consumption of 100 grams of this fruit provides the body with 53 kcal of energy, 11.2 g of carbohydrates, 0.7 g of fat, 1.9 g of protein and vitamins and minerals. It is believed to have a hypoglycemic effect in relation to diabetes.



PACKAGING

Cardboard, in which 8 plastic containers with a capacity of 250 g are placed.

Weight in carton: 2 kg

SIZE

Diameter 1-2 cm

DESCRIPTION:

This fruit is covered with a very hard skin. Only its inside is edible, it has the shape of white segments (like garlic cloves). It has a delicious taste. Mangosteen fruit has a characteristic, slightly sour taste and contains a variety of vitamins and minerals.

It protects the health of the cardiovascular system and supports glucose regulation. It gives vitality and energy, helps to lose weight, strengthens the immune system and relieves breathing problems. It reduces anxiety and depression, due to the tryptophan content. Reduces chronic enteritis and gastritis.

Brix degrees: 19.3° Bx.

Shelf life: 25 days

MANGOSTEEN

Garcinia mangostana



PACKAGING

Air Transport: Box with space for each individual fruit 2 kg in a box.

Sea transport: Open box with stepac bag - 2 kg.

SIZE	WEIGHT [g]
24-26-30	81-91
20-22	92-100
18-20	101-110

TAMARILLO (pomidor drzewiasty)

Solanum betaceum

DESCRIPTION:

Its skin is bitter and is not edible. It is particularly rich in Vitamins such as provitamin A and vitamin C with antioxidant. It helps strengthening immunity, aids absorption of iron (therefore recommended in case of iron deficiency anaemia) and is involved in the formation of bones, teeth, collagen, red blood cells.

Shelf life: 7 days



PACKAGING

Corrugated cardboard box
Net weight: Starting at 2 kg

SIZE	WEIGHT [g]
22	80 - 90
20	91 - 100
18	101 - 111
16	112 - 125
14	126 - 142

DESCRIPTION:

The Hass variety is mainly a Guatemalan avocado, but with some Mexican genes. Rudolph G. Hass, began growing this variety in Habra Heights (California), due to the high quality of the pulp, higher productivity. Hass accounts for about 80% of all avocados consumed in the world.

HASS AVOCADO

Persea Americana



PACKAGING

Corrugated cardboard box
Net weight: 4kg – 10kg

SIZE	WEIGHT [g]
12	235 +
14	235 +
16	235 +
18	175-234
20	175-234
22	175-234

LIME (TAHITI)

Citrus x latifolia

DESCRIPTION:

It is a fruit of great nutritional value, contains a rich variety of vitamins B1, B2, B3, B5, B6, B12, choline, folic acid, vitamin A, vitamin D, vitamin K1, retinol and lutein. It is characterized by the absence of seeds.

Shelf life: 40 days.



PACKAGING

Corrugated cardboard box
Net weight: 16kg

SIZE	WEIGHT [g]
32	119-140
42	107-118
48	93-106
54	83-92
60	75-82
63	71-74

GOLDEN PINEAPPLE

Ananas comosus



DESCRIPTION:

MD2 pineapple is known worldwide for its great aroma and exquisite taste, contains twice as much vitamin C as other pineapple species, contains group B vitamins, is rich in sugars and fibre, 100 grams of pineapple provides 50 kilocalories. One of its main features is the golden colour of the outer skin, tropical and exotic taste, and low level of acidity, it also has a more symmetrical and uniform shape.

PACKAGING

Telescopic corrugated boxes
Net weight: 12kg.

SIZE	WEIGHT [kg]
5	2,26-2,70
6	1,91-2,25
7	1,66-1,99
8	1,46-1,65
9	1,11-1,45
10	0,95-1,10

DESCRIPTION:

Banana is a fruit containing high levels of potassium, sucrose, fructose and glucose, nutrients that provide our body with energy almost immediately. This fruit increases metabolism so that we have good digestion and also maintains stable blood sugar levels. It contains 34% of the recommended daily dose of vitamin B6, has anti-inflammatory properties, reduces the risk of heart disease and premenstrual symptoms

Shelf life: 45 days.

CAVENDISH BANANA

Musa acuminata



PACKAGING

Corrugated cardboard box

Net weight: 20 kg per box

Number of boxes in the box: 1080

SIZE [mm]

39

42

44

45

46

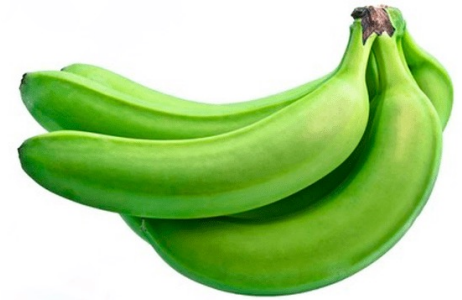
DESCRIPTION:

Harton plantain is a tropical fruit with an elongated shape, it grows in bunches like bananas. Raw has a bitter taste and is very difficult to digest (due to its high starch content), so it is consumed when cooked in different ways, which makes it easily digestible and very tasty, and gives it a soft and mild texture.

HARTON PLANTAIN

Musa paradisiaca

Length	24 cm
Number of in box	Max 70
Net weight	23,8 kg
Gross weight	25,0 kg
Boxes per pallet	48 Pieces



COCOA

Theobroma cacao

DESCRIPTION:

Fruits that can be used as an ingredient in food, among which chocolate stands out. Cocoa has high levels of fat (especially saturated and to a lesser extent monounsaturated and polyunsaturated), carbohydrates and proteins, but also contains magnesium, phosphorus, potassium, theobromine, caffeine and antioxidants. Cocoa also stands out for its high energy content, so it is usually recommended for active people.



PACKAGING

Raw cocoa beans; whole or crushed.

Natural fabric bags

Net weight: 50kg

The main advantage of the natural fabric bags is that they are biodegradable and offer optimal performance in aroma preservation, adequate humidity for storage and aeration

ORANGE (VARIETY VALENCIA)

Citrus X sinensis

DESCRIPTION:

Valencia oranges have a high juice content, excellent aroma and slightly sour taste, which makes them an ideal variety for those who like citrus flavours. In addition, they contain a very high level of sugar, so their taste is highly valued for the preparation of juices: sour and sweet at the same time. They are medium in size and have a round shape. Their skin is very orange, thin and somewhat rough.



PACKAGING

Corrugated cardboard box
Maximum Capacity: 20kg

SIZE	DIAMETER (mm)
0	92-110
1	87-100
2	84-96
3	81-92
4	77-88
5	73-84
6	70-80
7	67-76

ACAI BERRY

Euterpe oleracea

DESCRIPTION:

Açaí is a small purple berry with a round shape. It is an exotic fruit with a taste reminiscent of chocolate and blueberry. It is consumed fresh and frozen. It is a popular addition to drinks such as cocktails. It is an excellent antioxidant.

Acai is considered one of the "superfruits" due to its high nutritional value.



FORM

Acai is sold in different forms: liquid puree, dry puree, bottled, frozen berries or in capsules.

RAMBUTAN

Nephelium lappaceum

DESCRIPTION:

It is commonly called "Chinese Mammon". It is characterized by a "hairy" appearance and sweet taste. It stands out because of its high content of vitamin C, B vitamins, minerals, fibre and antioxidants. It increases energy, is rich in water, removes waste from the kidneys and strengthens bones and teeth. This fruit helps the digestion system and also helps in weight loss.



PACKAGING

Corrugated cardboard box
Net Weight: 2-4kg

SIZE	DIAMETER [mm]	Pieces per kg
1	>43	>23
2	38-43	23-26
3	33-37	27-30
4	29-32	31-34
5	25-28	35-40
6	18-24	41-50

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